

IAEDP Tucson Education Event

Vicki Berkus, MD, PhD, CEDS

Conversations with the Psychiatrist

Date: Wednesday, September 24, 2014

Time: 7:45am - 8:15am Check In, Breakfast & Networking
8:15am - 11:30am Announcements & Presentation

Location: Tucson Scottish Rite Temple
160 S. Scott Avenue
Tucson, AZ 85701

Registration: <http://tucsoniaedp.weebly.com/events>

IAEDP Members: \$25
Non-Members: \$30
Students: \$10
At the door: \$35



Vicki Berkus, MD, PhD, CEDS, fIAEDP

3.0 CE credits will be provided by Sierra Tucson*

Objectives:

1. Recognize ways to relate to families of eating disorder patients and their multiple concerns.
2. Identify and summarize what patients want their families to know about their disease.
3. Describe and assess the benefits of input from a psychiatrist to the treatment team and to the families.

Vicki Berkus M.D., Ph.D., CEDS, fIAEDP, is currently the medical director of the Geropsychiatric unit (SBH) or Senior Behavioral Health unit at Oro Valley Hospital in Tucson. Dr. Berkus, also, has an outpatient practice populated mainly by patients 55 years of age and older. She headed the Eating Disorders Program at Sierra Tucson for ten years, following eight years of private practice in Oro Valley. Vicki directed the eating disorders program at Fairwinds Treatment Center in Clearwater, Florida for three years. Dr. Berkus has consulted with multiple in-patient programs and served on the RED-C Committee evaluating the standard of care for residential programs. Dr. Berkus has served on the national IAEDP Board holding the offices of President, Secretary, Chair of the Certification Committee and Chair of the Education Committee. Invited to present at several conferences, including the Women's Symposium at the U of A, she has given talks in Mexico, Australia, and Singapore. Serving, currently, on the Senior Advisory Board of IAEDP, she participates in pre-symposium certification trainings. In addition to authoring *"Ten Commitments to Mental Fitness"*, she has been active in the Academy of Eating Disorders (AED), the Association of Bariatric Physicians (ABP), and the National Eating Disorders Association (NEDA). She is recognized as an expert in the treatment of eating disorders and body image concerns.

*Sierra Tucson is approved by the American Psychological Association to sponsor continuing education for psychologists. Sierra Tucson maintains responsibility for the program and its content; MFT, LCSW as required by the California Board of Behavioral Sciences, Approval #PCE3587; RN as required by the California Board of Registered Nursing, Approval #CEP 12719; and NAADAC, National Association of Alcoholism and Drug Abuse Counselors, approved Education Provider Program, Provider #471 for 3 contact hours.

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