



iaedp-Tucson™ Chapter

International Association of Eating Disorder Professionals Foundation



Anna Tanner, MD, FAPP, FSAHM, CEDS

Closing the Gender Gap: Understanding Eating Disorders in Males

Date: Wednesday, April 1, 2020
Time: 7:45 am - 8:15am Check In, Breakfast & Networking
 8:30 am – 11:30am Announcements & Presentation
Location: Arizona Inn
 2200 E. Elm Street
 Tucson, Arizona 85719
 520-325-1541
Registration: <http://tucsoniaedp.com>
Contact: tucsoniaedp@gmail.com
IAEDP Members: \$35 **Non-Members:** \$40
Students: \$15 **At the door:** \$45



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Upon completion of this intermediate level presentation you will be able to:

1. Discuss current epidemiology and trends in eating disorders in males.
2. Describe how ARFID is an eating disorder that is often under-recognized in males.
3. Apply the evaluation of medical complications in males with eating disorders.

Description: Many providers feel prepared to treat females with eating disorders, yet identifying and treating males with disordered food behaviors and body image issues present unique challenges. This presentation will address current prevalence and trends in eating disorders in males. In addition, we will review newer eating disorder diagnoses with a significant impact on males, especially ARFID (Avoidant Restrictive Food Intake Disorder). Unique medical complications of eating disorders in males and current treatment recommendations will be presented.

Speaker Bio: Dr. Anna Tanner is Vice President of Medical Services for Veritas Collaborative. She is a board-certified pediatrician who has specialized in the care of complicated adolescent patients, particularly those with eating disorders. Dr. Tanner completed medical school and residency at Vanderbilt University, and remained on the pediatrics faculty in the Division of Young Adult and Adolescent Medicine. She is involved in community advocacy and education and has served on national committees for eating disorder education. She speaks across the country on the Medical Complications of Eating Disorders, especially in children and adolescents. Dr. Tanner is an Adjunct Assistant Professor of Pediatrics for Emory University School of Medicine and Adjunct Clinical Assistant Professor in the Department of Psychiatry and Behavioral Science for Morehouse School of Medicine. She is a Certified Eating Disorder Specialist and holds designation of Fellow in the Society of Adolescent

3 Continuing Education Credits available: Psychologists - This program is co-sponsored by The Meadows and iaedp-Tucson. The Meadows is approved by the American Psychological Association to sponsor continuing education for psychologists; The Meadows maintains responsibility for this program and its content. Participants must be present for the entire presentation (sign in and sign out required) and complete the evaluation in order to obtain a CE certificate. This course meets criteria for 3.0 hours of continuing education credit hours for psychologists.

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