



iaedp-Tucson™ Chapter

International Association of Eating Disorder Professionals Foundation

Presents:

Tamara Pryor, PhD, FAED

Problems of Plenty: Battle of the Binge

Date: **Wednesday, September 19, 2018**

Time: **7:45am - 8:15am** Check In, Breakfast & Networking
8:15am - 11:30am Announcements & Presentation

Location: **Embassy Suites Tucson - Paloma Village**
3110 E. Skyline Drive, Tucson, AZ 85718
(520) 352 - 4000

Registration: <http://tucsoniaedp.com/events>

Contact: tucsoniaedp@gmail.com



Tamara Pryor, PhD, FAED

IAEDP Members:	\$35	Non-Members:	\$40
Students:	\$15	At the door:	\$45

This Intermediate level presentation is designed to help you:

1. Identify, explain, and utilize the process of the development of a BED specific curriculum.
2. Explain the pros and cons of a combined milieu in conjunction with a specialized BED program.
3. Describe the relationship between obesity and BED.
4. Discuss numerous myths that prevail regarding BED.

Description: Binge Eating Disorder has long been prevalent in our clients' lives, but has only been recognized by the DSM-5 since 2013. The result has been limited research on BED compared to many other eating disorders. This presentation will focus on research related to treatment outcomes and enhanced clinical understanding based on the findings of EDCare's Binge Eating Disorder specific treatment curriculum. Dr. Pryor will discuss both data and experience of what is effective in BED treatment, as well as identifying areas for increased focus. Join us as Dr. Pryor shares what has been learned from this underserved eating disorder subtype. See what the patients and data tell us about the long term effects of this CBT-based program.

Dr. Tamara Pryor is the Executive Clinical Director and Director of Research at EDCare Denver and has worked in the field of eating disorders for the past 30 years. Past roles have included Associate Professor and Director of the Eating Disorder Program at the University of Kansas – School of Medicine, Co-director of the PATH Eating Disorders Clinic, and director of eating disorder services at Wichita Psychiatric Consultants. Dr. Pryor has researched and published several articles and chapters examining personality disorders, substance abuse, multi-impulsive behavior, sexual functioning, prevention curriculum, and cognitive rigidity in the eating disordered individual. She received her MSW from Wayne State University, and her MA in Rehabilitation Counseling as well as her PhD in Psychology from Southern Illinois University. Dr. Pryor is a founding member of the Eating Disorder Research Society, a Fellow of the Academy of Eating Disorders and serves on the Board of Directors of the National Eating Disorders Association.

This workshop is appropriate for: Mental health professionals, physicians, nurses, dietitians, nutritionists, school counselors, school psychologist, health coordinators, and any other helping profession with an interest in learning more about the prevention, treatment and recovery from an eating disorder.

3 Continuing Education Credits available: Psychologists - This program is co-sponsored by Sierra Tucson and iaedp-Tucson. Sierra Tucson is approved by the American Psychological Association to sponsor continuing education for psychologists; Sierra Tucson maintains responsibility for this program and its content. Participants must be present for the entire presentation and complete the evaluation in order to obtain a CE certificate.

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