



Why be iaedp™ Certified?

Since 1985 iaedp™ has served the professional community, providing education and promoting quality care through certification.

iaedp™ Certification

Who?

Clinicians who practice in the field of eating disorders as part of a multi-disciplinary treatment team.

What?

iaedp™ is a member of the Institute for Credentialing Excellence (ICE) and the National Commission for Certifying Agencies (NCCA) to ensure best practices. iaedp™ currently offers four certifications for clinicians within the multi-disciplinary treatment team. International certifications are available for qualifying clinicians who practice outside of the U.S.

- (CEDS) for mental health therapists and physicians
- Certified Eating Disorders Registered Dietitian (CEDRD) for registered dietitians
 - Approved by the Commission on Dietetic Registration (CDR) for 75 CEUs for renewal of
- Certified Eating Disorders Registered Nurse (CEDRN) for registered nurses
- Certified Eating Disorders Creative Arts Therapist (CEDCAT) for creative arts therapists

Why iaedp™ Certification?

In recent years, many changes have occurred within iaedp's™ Certification Program to strengthen our requirements and our reputation in the mental health field. As the rate of individuals affected by eating disorders continues to grow, there is a greater need for qualified treatment providers in the field, and iaedp™ recognizes this need. Nearly every profession utilizes credentialing to establish criteria for measuring competency and quality care, and to provide prerequisites for continued training in a specified field. It is iaedp's™ mission to promote excellence in competency assessment for professionals in the eating disorders field through offering a rigorous set of criteria for the evaluation of education, training, knowledge and experience.

iaedp™'s goal is to provide professional certification that is obtainable and affordable without compromising the high level of standards necessary.

Why Should You Be Certified?

Professional Identity

Our world has become increasingly more knowledgeable and sophisticated about specializations and claims of expertise. Certification validates levels of knowledge, training and expertise.

Professional Commitment

A certified clinician is proclaiming one's commitment to a chosen specialty.

Promotion of Ethical Standards and Quality Care

Certified professionals demonstrate a commitment to high standards of care. Required continued education ensures awareness of changes in the field.

Increased Consumer Confidence and Recognition

Consumers can be assured of a high level of professional standards in training, experience and knowledge established by a third party of peers by a certified professional. Regional and national media are able to ascertain expertise by observation of the credentials. Certified professionals are included in media including television, newspapers and magazines thereby increasing their visibility as a specialist in the field.

Increased Marketability and Competitive Edge

Employers, consumers and colleagues have increased confidence of expertise possessed by a certified professional. Certification provides an edge for job

placement and advancement and enables the holder to negotiate a higher salary.

Measure of Professional Excellence

In addition to the validation of knowledge and experience, certification provides guidelines that push the professional beyond satisfactory limits to levels of excellence.

Professional Growth

Certification renewal at two year intervals requires professionals to demonstrate continued commitment and training in the field through attending seminars, classes and conferences. Participation in iaedp™'s yearly symposium is required once every four years.

These requirements ensure that certified professionals are updated on latest trends and treatment modalities. Interaction with like-minded colleagues provides support and reduces burnout.

Personal Satisfaction

Certification is a reflection of one's personal standards and commitment to professional growth. It allows one to acknowledge personal strengths, competencies, experiences and achievements.

Dedication to Clinical Advancement

Certification is evidence that both the professional and iaedp™ are diligent in seeking advancement in training, education, research and competency in addressing the complexities involved in the treatment of eating disorders. In addition, both are united in their commitment to the advancement of mental health parity and advocacy for eating disordered individuals.

How Do I Begin?

- Review iaedp™'s "Certification Basics" pamphlet
- Download and follow the *TRADITIONAL or EQUIVALENCY Checklist* for your clinical discipline at iaedp.com
- All required forms can be downloaded at www.iaedp.com.

iaedp™ Certification Core Courses

Certification Core Courses are offered in a live format each year at the symposium. They are also offered online for your convenience in a self-paced learning format.

All required forms are available on our website:

www.iaedp.com